

St. Mary Catholic School

Fall Sport Information Page

Cross Country

- Open to boys and girls in grades 5th-8th
- Starts in August. Ends late October.
- Students will run and train 5-8 miles a week on their own time. A log sheet is provided.
- Athletes will need a good pair of running shoes and water bottle. Please remember to stay hydrated, this sport is done outdoors in the heat, rain and mud. Uniforms are provided.
- Parents are responsible for providing transportation to and from meets.
- Athletes will participate in a minimum of 4 meets, typically on a Saturday at different locations around Houston. Running Distances vary per grade and meet.

Soccer

- Open to boys and girls in grades 5th-8th
- Starts in August. Ends late October.
- Games: Tuesdays and Thursdays against other Catholic Schools in our division.
- Parents are responsible for providing transportation to and from games.
- Athletes will need: Cleats, shin guards, black soccer shorts, black soccer socks and water bottle.

Volleyball

- Open to girls in grades 5th-8th ;
- Starts in August. Ends late October.
- Games: Mondays and Wednesdays against other Catholic Schools in our division.
- Parents are responsible for providing transportation to and from games.
- Athletes will need: Black shorts (no spandex for games), Knee pads, tennis shoes and water bottle.



St. Mary Catholic School

Fall Sport Registration Form 2025-2026

***Please use a separate form for each athlete in the family. One registration form per sport.
Students have to choose between Soccer and Volleyball. Registration Deadline: 8/22/2025***

Fall Sports: (circle one) Cross Country (5th-8th) Soccer-(5th-8th) Girls Volleyball- (5th-8th)

Student name: _____ Grade: _____

Parent Name: _____ Parent Cell Phone: _____

Parent Name: _____ Parent Cell Phone: _____

THE FOLLOWING ITEMS ARE REQUIRED IN ORDER TO PARTICIPATE ON A SPORTS TEAM AND ATTEND THE FIRST PRACTICE. INCOMPLETE REGISTRATION WILL BE RETURNED. MAKE SURE ALL PAPERWORK IS ENCLOSED IN AN ENVELOPE (ATTN: COACH BUTLER & STUDENT NAME) BEFORE RETURNING TO THE SCHOOL.

KEEP A COPY OF ALL FORMS BEFORE TURNING THEM INTO THE SCHOOL.

_____ This registration form-per sport

_____ Sports Physical - done once a calendar year

_____ \$150 Sport Fee-per sport

Cash

Check

FACTS

_____ Athletic Handbook Acknowledgment Form- turned in once a school year

_____ Transportation form- turned in once a school year and if there are changes

Parent Help- Family support is essential for a successful athletic program it is because of family support that we can achieve our school mission. Some of the main areas that a coach may need help with, include scoreboard operator, stat keeper, fundraising, concession stands and end of season celebrations. ***We ask that all parents and athletes help with the clean up at the end of each sporting event.***

I grant permission for my son/daughter to participate in the athletic program for the 2024-2025 school year. I understand that my son/daughter CANNOT participate until all these forms have been received. By signing this form, I understand that my son/daughter is fully committed to the sport and the athletic fees are non-refundable or transferable except in the case of a student injury that prohibits participation in the sport.

Parent Name/ Signature

Student Name/Athlete Signature

Email stolman@stmarylc.org for further questions or concerns.